





# FOOD BANK DISTRIBUTION

By: Food Bank for Monterey County

By partnering with the Food Bank for Monterey County, we can provide sustainable hunger relief programs that address our community's specific nutritional concerns. At the CHISPA sites and surrounding communities we provide bi-weekly produce boxes for families with fresh fruits and vegetables plus nonperishables. The goal is to help alleviate food insecurity among the community.

Gabilan Hills Townhomes: M 2:00pm Mountain View Townhomes: M 2:15pm Harden Ranch Apartments: M 2:45pm Moro Lindo Townhomes: M 3:30pm El Cerrito Townhomes: M 3:30pm Canvon Creek: M 1:30pm

Tyler Park Townhomes: M 2:15pm Jardines de Soledad: M 3:15pm

Market Street Townhomes: M 3:30pm

Villa Santa Clara: M 2:45pm

All Ages



# SECOND HARVEST

By: The Food Bank of Santa Cruz County

Second Harvest sources over eight million pounds of food each year from farms, grocery stores, food manufacturers, distributors, and individuals, and distributes it to 100 food pantries, schools, soup kitchens, group homes, youth centers, and more, plus another 100 Second Harvest program sites.

Villa La Posada: 3rd Wednesday of the month 4:00-5:00pm

All Ages



# SHARING TIME

By: Alisal Family Resource Center

Come to these classes with your child. You can ask questions about developmental learning while enjoying a variety of activities together such as art, music, and story time. Your child will develop key social skills, intellectual skills, language skills and self-esteem necessary for school readiness.

Mountain View Townhomes: TBD Gabilan Hill Townhomes: TBD



# Y AFTER SCHOOL PROGRAM

Bv: Salinas Community YMCA

The Y after school program utilizes developmentally appropriate activities that stimulate a child's social, emotional, and physical growth. We provide a warm, caring, and fun environment that stimulates their natural curiosity and encourages personal expression.

Harden Ranch Apartments: M/W 3:30pm-5:30pm

Grades K-8

# YMCA AFTER SCHOOL PROGRAM

Bv: Central Coast YMCA

The Monterey YMCA will provide an afterschool program on Monday, Wednesday, and Friday. Students will participate in activities such as crafts, sports, and Steam activities and get help with homework. This program will ensure the students have a safe, fun place to learn and grow during out-of-school time.

Alfred Diaz-Infante Apartments: M/W/F 3:00pm-5:00pm



# WATSONVILLE YMCA

By: Watsonville Family YMCA

Our YMCA after school program offers a safe environment for children. We will assist children with their homework, provide fitness and STEM activities. This program will help children develop and empower them to reach their full potential.

Villa La Posada: M/W/F 3:30pm-5:30pm

Grades TK-8



# SAN BENITO YMCA AFTER SCHOOL PROGRAM

By: YMCA of San Benito County

YMCA Afterschool program provides a safe enriching environment, where youth can build positive relationships, learn skills, and engage in fun activities. We teach arts and crafts. Group games led by our trained YMCA staff.

Buena Vista Apartments: M/W/F 3:00pm-5:00pm

Grades 1-8



# SOUTH COUNTY YMCA AFTER SCHOOL PROGRAM

By: South County YMCA

Our after-school program will provide a fun and safe atmosphere for children which will be based on our Central Coast YMCA After School Program curriculum model. We enhance the level of child engagement in activities covering Science, Technology, Engineering and Mathematics (STEM). Our program will also use the YMCA's Healthy Eating and Physical Activities (HEPA) guidelines. Activities will be aged appropriately with the goal of keeping youth fully engaged in learning.

Canyon Creek Townhomes: T/TH 3:30pm-5:30pm Market Street Townhomes: M/W 3:30pm-5:30pm







# **PLAY-WELL**

By: Play-Well TEKnologies

STEM FUNdamentals with LEGO® Materials: Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO parts! Apply real-world concepts of physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your craziest ideas.

Harden Ranch Apartments: T 3:30pm-5:00pm Alfred Diaz-Infante Apartments: TH 3:30pm-5:00pm

Grades 1-5



# **TUTORING PROGRAM**

By: Kiwanis Club of East Garrison

Residents of Alfred Diaz-Infante Apartments are invited to drop in to the Community Room for free snacks, homework help, and more. All students are welcome.

Alfred Diaz-Infante Apartments: T 3:30pm-4:30pm



# **ART CLASSES**

By: Sol Treasures

Sol Treasures art program awakens and nurtures appreciation and passion for the arts in people of all ages in South Monterey County and provides creative and inspiring opportunities to unify the community through the arts. Students will explore the importance of art in society and culture.

Tyler Park Townhomes: T/TH 4:00pm-5:30pm Vineyard Green Townhomes: T/TH 4:00pm-5:30pm Walnut Place Townhomes: TBD

Grades 1-8



# **ELKHORN SLOUGH FIELD EXPERIENCE**

By: Sea Otter Savvy

The Sea Otter Savvy staff teams invited young and old for a guided immersion into the world of sea otters in Elkhorn Slough. Each customized experience includes educational demonstrations and activities, lessons in sea otter observations, hands-on data collection on sea otters and human disturbance, and a kayak adventure in the sea otter habitat of Elkhorn Slough, all led by sea otter scientists. Participants learn about sea otter behavior, ecology, and conservation, increase their awareness about their own impacts to wildlife, and participate in scientific research. We invite you to get outside and take advantage of this opportunity to observe your wild sea otter neighbors and get sea otter savvy.

Alfred Diaz-Infante Apartments: April 5th 9:00am-1:00pm Sea Garden Apartments: April 5th 9:00am-1:00pm

## **GUITAR CLASS**

By: Felix Miranda

From music theory to chord progression, we will learn the basics of rhythmic and beat of guitar. Class will go over certain types of genres, including Spanish rock, alternative, and classic rock. Students will learn how to tune and play guitar at the same time, all while having fun! There is no "I" in ensemble; therefore, we play as a team!

Roosevelt Townhomes: T/TH 6:30pm-8:30pm

Ages 7 & Up



# POINT LOBOS NATURE HIKE

By: Point Lobos Foundation

Youth and families are invited to come explore the beauty of the coast and forests at Point Lobos State Natural Reserve! Volunteer Docents will provide hands-on educational presentations before visiting Point Lobos in a four to six-hour field trip to Point Lobos where docents will give guided walks to explore the beaches, tidepools and trail through the forests. Transportation to the coast and lunch will be provided for participants. Youth who participate will be given an invitation to return with their families at no cost and gas cards to cover transportation costs.

**Dates:** Ongoing

Ages: Youth & Family (Space is Limited)



# MARKS RANCH HIKE

By: Big Sur Land Trust

Experience the Pacific Ocean smashing against a rocky coastline, sleeping outside under the stars, and learning to play an Aztec drum from a percussion master at this nature overnight camp on the Big Sur coast. Camp will explore our region's unique and varied habitats.

Dates: TBD

Ages: 12-17 (Space is limited)



# MONTEREY BAY AQUARIUM AND BECHTEL EDUCATION CENTER - FREE TO LEARN PROGRAM

By: Education Department at the Monterey Bay Aquarium

The Monterey Bay Aquarium is strongly committed to providing access to all, giving everyone the opportunity to visit — regardless of income. The Monterey Bay Aquarium's Free to Learn program is available to nonprofit organizations and government agencies whose programs specifically serve low-income and historically excluded children, adults, and families. This includes organizations serving people with disabilities, veterans, and low-income senior citizens. The Free to Learn Program will provide complimentary group admission to all CHISPA residents.

**Dates:** Ongoing





# THE WAHINE PROJECT

By: Alice Aguillon

We will bring together youth aged 7–18 from every corner of Monterey County. This program will be centered around the ocean and offer opportunities for exploration in the sea, on the beach, and in building friendships. Participants will learn about Monterey Bay while gaining valuable knowledge about trust and stewardship. Additionally, the program will offer a variety of ocean sports for participants of all abilities and interests. These sessions aim to build skills, build a lifetime relationship with the ocean, and build lifelong values in stewardship. The sessions will be grouped according to age, ability, and interest level. All necessary equipment and meals will be provided, and families are welcome to attend with their children. Transportation will also be arranged for participants. Participants do not need to know how to swim.

Gonzales: Greenfield: Castroville:



## TEEN LEADERSHIP COUNCIL

By: Castroville Teen Leadership Council

The Teen Leadership Council will provide fun-filled activities for youth ages 8-13. The goal is to provide kids with activities that will keep them physically active and give them a chance to make new friends. The activities can include outside sports, baking, games, and arts and crafts.

Sea Garden Apartments: M/W/F 3:30pm-5:30pm

Grades 1-8



# **FINANCIAL LITERACY**

**Bv: CHASE** 

Everyone is interested in money and how to be a better manager. It is never too late or too early to gain knowledge and skills to create a brighter financial future. This is a user-friendly program can help you to take charge of your financial future.

**CHISPA Sites: Virtual** 

6 Sessions on Wednesdays at 7:00pm;

Starting February 12th

Youth & Adults



# WINGS AND WONDER

By: Monterey Audubon Society

Our program invites youth to explore and connect with the natural features of their neighborhoods and nearby Fort Ord. Through regular meetings, participants will develop observation skills and cultivate an appreciation for the wildlife and nature that surrounds them, fostering a deeper connection to their local environment.

Alfred Diaz-Infante Apartments: T 4:00pm-5:00pm

# JUNIOR YOUTH (JY) GROUPS: A MORAL & INTELLECTUAL DEVELOPMENT PROGRAM

By: Colibri Hummingbird Association International Group
The Junior Youth Spiritual Empowerment Program is a comprehensive
educational program designed for young people ages 10 to 15. The program
aims to enhance students' community involvement, strengthen their power
of expression, and study intellectual, moral and spiritual themes including
hope, justice, service to the community and unity.

**Buena Vista Apartments:** 



# CHISPA FOLKLÓRICO

Bv: CHISPA

This is folklorico, a dance style with as much complexity, variety, and history as the country of Mexico itself. Folklorico actually refers to many traditional dances from Mexico's different regions and states, rather than one single style, and you could fill multiple books with the details of every dance.

Roosevelt Townhomes: M/W 4:00pm-6:00pm

Grades 4 & Up



# **FAMILY CIRCLES**

By: The Parenting Connection of Monterey County
Family Circles are spaces that are designed to create community through
play, provide mental health support, and connect families to community
resources. Parents are encouraged to attend both with and without their
children. Pregnant people are also welcome.

Villa San Miguel: T 10:00am-12:00 pm

Mountain View Townhomes: M 10:00am-12:00 pm



# FAMILY, FRIENDS & NEIGHBORS PROVIDER CAFES

By: Go Kids

The FFN Provider Cafés or FFN "cafecitos" are for license-exempt Family Friend and Neighbor family home child care providers who take care of children 0-5 years of age. There are 2 Cafés a month that meet in the evenings, after the children go home. One is virtual and the other one is in person. FFN providers participate in guided discussions on topics that interest them. When groups are in-person, a light dinner is served and they receive a children's book or other incentive for their family child care home.

Gabilan Hills Townhomes: TBD

6:00pm-7:30pm





# MONTEREY COUNTY-CANNABIS DECODED PARENT PRESENTATION WORKSHOPS

By: Monterey County Public Health Department, Chronic Disease Prevention The purpose of this presentation is to prepare parents and other adults to speak with youth about cannabis, provide valuable information to raise awareness about the impact cannabis could have on youth and adolescents, and discuss how cannabis has changed over the years. The presentation explains how to approach this conversation for young people at different stages of development and provides steps they can take to support the young people in their lives. The goal of the presentation is for parents and other adults to feel comfortable and equipped to have a conversation with youth about cannabis.

**Dates: TBD** 



# THE 5 STEPS TO PREVENT DIABETES® PROGRAM

By: Natividad Foundation

The 5 Steps to Prevent Diabetes program is a community-based, scientifically proven health promotion education program. The goal of the 5 Steps program is to prevent or delay the onset of diabetes among adults having high social environmental risk factors (adults with or without prediabetes diagnosis) by providing education on improving healthy lifestyle behaviors.

**New Site: TBD** 

Tyler Park Townhomes: M 5:00pm-6:30pm



# HOMEOWNERSHIP EDUCATIONAL PANEL

By: Wells Fargo

These classes educate individuals about the home-buying process. Sessions cover the impact of credit, types of loans, down payment assistance, debt to income ratio, etc.

CHISPA Sites: 6 Sessions on Mondays at 7:00pm;

Starting February 24th

Adults Only



# **ZUMBA FOR SENIORS**

By: Gemma Zepeda

The Zumba classes provide our community members with an opportunity to release stress through music in a fun and rhythmic environment. Zumba creates a positive impact on the mind, health, and spirit.

Sherwood Village: M/F 10:00am-11:00am

Seniors Only

## SENIOR GUITAR CLASSES

By: Felix Miranda

Enjoy a fun and entertaining beginners guitar class where you will be learning and practicing the basic concepts of guitar with other seniors. Students will learn different levels of guitar depending on their skill level and experience. We focus on different styles, such as rock, Spanish, jazz, funk to classical music and practice playing together as an ensemble.

Sherwood Village: M/W 6:30pm-7:30pm

Seniors Only



## **LUNCH PROGRAM**

By: Area Agency on Aging & Meals on Wheels of the Monterey Peninsula The Senior Lunch Program is a partnership between CHISPA, Meals on Wheels of the Monterey Peninsula, and the Area Agency on Aging. Nutritious meals are served Monday through Friday (except holidays) and follow dietary guidelines for seniors. Additionally, we distribute food to homebound seniors through Meals on Wheels. Seniors in the Lunch Program are asked to donate \$3 to cover the cost of their meal. The cost of lunch is \$7.50 for all guests and others not enrolled in the lunch program.

Sherwood Village: M-F 11:00am-1:00pm

Junsay Oaks Senior Housing: M-F 9:00am-11:00am Los Abuelitos Senior Housing: M-F 11:00am-1:00pm El Estero Senior Housing: M-F 9:00am-11:00am

Marina Manor Senior Housing: M-F 10:00am-12:00pm

Seniors Only



# SASSO (SALINAS SENIORS SOCIAL)

By: Meals on Wheels of the Salinas Valley

What is SASSO? Free Lunch, Live Music and Access to Resources. Seniors, 60+ living at Sherwood Village in Salinas are invited to attend this special event. In addition to lunch, each attendee with receive a box of fresh produce courtesy of the Food Bank for Monterey County.

Sherwood Village: 4th Thursday of every month 11:00am-1:00pm

Seniors Only



# SENIOR BENEFITS CHECK-IN

By: Alliance on Aging

Seniors are given assistance once a month with benefits they may need or qualify for. Benefits can include Calfresh, PGE Care Program, California Telefone Access Program (CTAP), Reachout Wireless Federal Lifeline and Link-Up Programs and Medicare.

Sherwood Village: 3rd Monday of the month 9:30am-11:00am
Los Abuelitos Senior Housing: 1st Thursday of every other month
9:30am-11:00am

La Gloria Senior Apartments: 1st Thursday of every other month 11:15am-1:00pm

Marina Manor Senior Housing: 4th Friday of the month 9:30am-10:30am Junsay Oaks Senior Housing: 4th Friday of the month 11:00am-12:00pm El Estero Senior Housing: 4th Friday of the month 12:30pm-1:30pm





# **BANDS, BALLS, AND BALANCE**

By: Monterey Bay Moves

Monterey Bay Moves offers science-based and enjoyable programs for seniors. These programs are designed to encourage seniors to stay active and promote a sense of community, resulting in positive changes in their daily lives. Seniors who participate in these programs will have the opportunity to self-assess their fitness levels, which will not only boost their confidence but also provide valuable information to adjust the program if necessary.

El Estero Senior Housing: TH 1:00pm-2:00pm Marina Manor Senior Housing: W 10:00am-11:00am Junsay Oaks Senior Housing: TH 11:00am-12:00pm

Seniors Only



## **MST MOBILITY SERVICES**

By: Monterey-Salinas Transit

The Monterey-Salinas Transit is dedicated to assisting with mobility services for individuals with disabilities, seniors, and those with other travel challenges. The goal of providing outreach services is for these individuals to achieve travel independence.

Los Abuelitos Senior Housing: 2nd Tuesday of every 2 months 11:00am-12:00pm

Sherwood Village: 3rd Friday of every 2 months 11:00am-12:00 pm

Marina Manor Senior Housing: 2nd Tuesday of every 2 months 9:00am-11:00am

Junsay Oaks Senior Housing: 4th Monday of every 2 months 10:00am-11:00am

La Gloria Senior Housing: TBA

El Estero Senior Housing: 3rd Wednesday of every 2 months 9:00am-11:00am

Seniors Only



# SENIOR PRODUCE MARKET

By: Food Bank for Monterey County

Senior Produce Market provides fresh produce to seniors in need on a year-round basis. Through our partnership with the Food Bank for Monterey County, we can provide the CHISPA senior residents and the surrounding communities with access to fresh and nutritious food with the goal to ameliorate food insecurity among the community.

Sherwood Village: 2nd and 4th Tuesday of the month:

1:30pm-2:30pm

Los Abuelitos Senior Housing: 2nd and 4th Tuesday of the month:

1:30pm-2:30pm

La Gloria Senior Housing: 2nd and 4th Tuesday of the month:

1:30pm-2:30pm

Junsay Oaks Senior Housing: Every other Thursday:

9:30am-10:00am

Marina Manor Senior Housing: Every other Thursday:

10:00am-10:30am

Seniors Only

# PRODUCE DISTRIBUTION

By: San Benito Food Bank

San Benito County distributes produce and nonperishables to seniors once a week. Seniors may request food most used in their households and accommodations are made to those with allergies and dietary restrictions.

Sunrise Senior Housing: TH 11:00am-12:00pm

Seniors Only



# **ENTERTAINMENT BY DINO**

By: Dino Hanakeawe

Dino Hanakeawe is a musician and singer from our central coast area. Dino provides musical entertainment by playing his Ukulele for the senior residents. He sings songs from Frank Sinatra to Guns and Roses, Latin, and more.

Sherwood Village: First Thursday of every other month 11:00am-11:45am
Seniors Only



# YMCA SENIOR PROGRAM

By: YMCA of San Benito County

YMCA of San Benito County uses fun activities to engage seniors by promoting fitness and creativity through the arts. Activities may include game night, chair fitness, paint classes and movie nights.

Sunrise Senior Housing: Game Night: M 5:30-6:30pm Chair Fitness: T/TH 1:00pm-2:00pm Paint Night & Crafts: W 5:30pm-6:30pm

Seniors Only



# **ARTS AS HEALING**

By: Arts Council for Monterey County

In a supportive environment, beginning through advanced artists explore painting techniques using acrylic or watercolors in a variety of styles. Seniors will explore inspiring examples of the great artists throughout history to spark their creativity and support healing through arts.

Sherwood Village: M 12:00pm-2:00pm

Junsay Oaks Senior Housing: F 12:30pm-2:30pm

Seniors Only





# MARKET DAY, A FRONT PORCH COMMUNITY SERVICE

By: Front Porch

The Market Day program promotes healthy nutrition by bringing weekly produce markets into neighborhood settings, including senior centers and affordable housing communities. Each site provides unique opportunities for connection, volunteering, and helps fight inflation by keeping the price of produce affordable.

Sherwood Village: 1st and 3rd Thursday of the month 1:00pm-2:00pm Seniors Only



# Services PROVIDED BY





















































































# Programs ARE MADE POSSIBLE THROUGH OUR FUNDERS



















Rita & Luis Echenique Charitable Foundation



### **Board of Directors**

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# For more information, contact:

Ruth Rodriguez Communications & Community Engagement Director (831) 757-6251 x 120 rrodriguez@chispahousing.org

# **CHISPA PROPERTIES**

### **Senior Apartments**

La Gloria Senior Apartments 539 East Market Street Salinas, CA 93905 831-424-3630

Los Abuelitos Senior Housing 528 East Market Street Salinas, CA 93905 831-757-1283

Sherwood Village 808 N. Main Street Salinas, CA 93906 831-783-1485

Marina Manor Senior Housing 3082 Sunset Avenue Marina, CA 93933 831-384-6087

El Estero Senior Housing 151 Park Avenue Monterey, CA 93940 831-655-0924

Junsay Oaks Senior Apartments 3098 De Forest Road Marina. CA 93933

Sunrise Senior Apartments 580 Westside Blvd. Hollister California 95023

### **Family Apartments**

Buena Vista Apartments 810 Buena Vista Rd. Hollister, CA 95023

Villa La Posada 34 Ortega Dr. Watsonville, CA 95076 831-724-7237

Sea Garden Apartments 10603 Axtell Street Castroville, CA 95012 831-632-0790

Moro Lindo Townhomes 8757 Sabino Drive Castroville, CA 95012 831-632-0768

El Cerrito Townhomes 8860 Vista de Tierra Circle Castroville, CA 95012 831-633-2500

Grey Goose Townhomes 5499 Grey Goose Gulch Carmel. CA 93923

Roosevelt Townhomes 522 Roosevelt Street Salinas, CA 93905 831-796-0140

Mountain View Townhomes 1580 Falcon Drive Salinas, CA 93905 831-753-7001 Loma El Paraiso 541 Roosevelt Stree Salinas, CA 93905 831-796-0140

Vista De La Terraza 165-177 Carr Avenue Salinas, CA 93905

Gabilan Hills Townhomes 1051 Paseo Grande Salinas, CA 93905 831-753-9032

Harden Ranch Apartment 1907 Dartmouth Way Salinas, CA 93906 831-444-0102

Canyon Creek Townhomes 1834 Chablis Way Gonzales, CA 93926 831-675-2815

Market Street Townhomes 110 Market Street Soledad, CA 93960 831-678-8129

Las Jicamas Apartments 110 Martinez Place Soledad, CA 93960 831-678-8750

Jardines De Soledad 501 Andalucia Dr. Soledad, CA 93960 831-678-1776 Soledad Townhomes 438 Benito Street Soledad, CA 93960 831-678-0528

Tyler Park Townhomes 1120 Heidi Drive Greenfield, CA 93927 831-674-8857

Vineyard Green Townhomes 130 13th Street Greenfield, CA 93927 831-674-2736

Walnut Place Townhomes 500 12th Street Greenfield, CA 93927 831-674-5322

Villa Santa Clara 225 Third St. Greenfield, CA 93927 831-674-3319

Villa San Miguel 1201 Amherst Drive King City, CA 93930 831-386-9409

Alfred Diaz-Infante Apartments 21231 Ord Avenue #421 Marina, CA 93933 831-384-7753



CHISPA's Mission is to improve people's lives and create healthy neighborhoods by developing, selling, owning and managing affordable homes.



**Community Housing Improvement**Systems and Planning Association, Inc.





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